



ARMSTRONG MENU

EURO SPACE CENTER

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

BREAKFAST

Buffet + ham

BREAKFAST

Buffet + sliced cheese

BREAKFAST

Buffet + scrambled eggs

BREAKFAST

Buffet + ham

BREAKFAST

Buffet + sliced cheese

BREAKFAST

Buffet + scrambled eggs

BREAKFAST

Buffet + ham

LUNCH

Tomato soup

LUNCH

Courgette soup

LUNCH

Pea soup

LUNCH

Broccoli soup

LUNCH

Leek soup

LUNCH

Courgette soup

LUNCH

Pea soup

Vol-au-vent, broccoli flan and rice
or
Pasta and vegetables au gratin

Two meatballs with tomato sauce, carrots and mashed potatoes
or
Spinach and ricotta cannelloni

Hamburger with everything, chips, lettuce and tomatoes
or
Tabbouleh, falafel and vegetable couscous

Roasted chicken, apple sauce and steamed potatoes
or
Cheese and leek puff pastry

Breaded fish with tartar sauce, Mediterranean vegetable ratatouille and rice
or
Four cheese gnocchi

Two meatballs with tomato sauce, carrots and mashed potatoes
or
Spinach and ricotta cannelloni

Hamburger with everything, chips, lettuce and tomatoes
or
Tabbouleh, falafel and vegetable couscous

Apple, water

Pear, water

Mandarin orange, water

Banana, water

Apple, water

Pear, water

Mandarin orange, water

SNACK

Vanilla waffle, orange juice

SNACK

Donuts, chocolate milk

SNACK

Marble cake, mixed fruit juice

SNACK

Chocolate waffle, apple juice

SNACK

Vanilla waffle, orange juice

SNACK

Brownies, chocolate milk

SNACK

Marble cake, mixed fruit juice

DINNER

Mushroom soup
Salad bar, bread and butter
Lasagne bolognese
or
Shepherd's pie
Vanilla custard, water

DINNER

Pumpkin soup
Salad bar, bread and butter
Chicken and vegetable quiche
or
Charcuterie
Chocolate mousse, water

DINNER

Carrot soup
Salad bar, bread and butter
Cheese and vegetable tortilla
or
Spaghetti bolognese
Vanilla ice cream, water

DINNER

Tomato soup
Salad bar, bread and butter
Stuffed potatoes au gratin
or
Charcuterie
Chocolate custard, water

DINNER

Asparagus soup
Salad bar, bread and butter
Chicken paella or vegetable paella
or
Macaroni with cheese and ham
Caramel custard, water

DINNER

Pumpkin soup
Salad bar, bread and butter
Cantonese stir-fried noodles
or
Spaghetti bolognese
Chocolate mousse, water

DINNER

Carrot soup
Salad bar, bread and butter
Pizza buffet
or
Tomato-basil penne
Vanilla ice cream, water



*Breakfast buffet: White and brown bread (toasted or not), jams, spread, butter, cold milk, hot chocolate, coffee or tea, one glass of orange juice per person, water.

Vegetarian and pork-free menus available upon request at no additional cost.

Gluten-free and/or lactose-free menus are available for an additional €3.50/day/person.