



EURO SPACE CENTER ISS MISSION ASTRONAUT FOR A

ASTRONAUT FOR A DAY

2 9 YEARS OLD OR OLDER

SCHEDULE OF THE SPACE ACTIVITIES

- 09:00 -12:30 or 13:30 -17:00: Indoor activities
- Lunch: Hot meal or picnic available at the Voyager Café



SPACE ACTIVITIES PROGRAMME

- Lift-off 30min
- Space Tour with audio guide 1hour
- 2hours ■ Exercises on two astronaut training simulator Depending on availability: Moonwalk XP and/or Multi-axis chair and/or Rotating chair

Guided activities total 3.5 hours

Free outdoor activities are also available (without a guide)

SIMULATOR DESCRIPTION

- Lift-off: What is space? How do we travel in space? What is gravity? Introduction to space.
- Moonwalk: A chair on springs that makes you feel like you weigh 1/6th of what you do on Earth and simulates walking on the Moon.
- Multi-axis chair: A chair mounted to spin on three different axes to reproduce the feeling of disorientation felt inside a spaceship when the rotational axes are not under control.
- Rotating chair: A chair that spins on a single axis to reproduce feelings of disorientation and vertigo. The rotating chair helps astronauts learn to deal with space sickness.

