

ARIANE MISSION

ASTRONAUT FOR A DAY

≥ 9 TO 12 YEARS OLD

SCHEDULE

(e) 9:00-12:30 am: Start of space activities

(•) 12:30 - 1:30 pm: Lunch

(•) 1:30-3:30 pm: Space activities

(•) 3:30-4:00 pm: Break

(a) 4:00-5:00 pm: Space activities

● 5:00 pm: End



SPACE ACTIVITIES PROGRAMME (subject to change)

Launch	30 minutes
Visit of the Space Tour	1 hour
Moonwalk/Marswalk XP simulator	1 hour
Rotating chair	1 hour
Multi-axis chair	1 hour
Rocket workshop + Launch	2 hours

TOTAL ACTIVITY TIME 6:30 hours

ACTIVITIES DESCRIPTION

- LAUNCH: What is space? How do you travel in space? What is gravity? Introduction to space.
- VISIT OF THE SPACE TOUR: Live the great moments of the conquest of space and explore the technological innovations they led to.
- MOONWALK / MARSWALK XP SIMULATOR: A chair on springs that makes you feel like you weigh 1/6th of what you do on Earth and simulates walking on the moon.
- ROTATING CHAIR: A chair that spins on a single axis to reproduce feelings of disorientation and vertigo. An explanation of the balance coordination centre. Measurement of recovery abilities.
- MULTI-AXIS CHAIR: A chair mounted to spin on three different axis to reproduce the feeling of disorientation felt inside the spaceship where rotational axis aren't controlled.
- ROCKET WORKSHOP: Rocket building workshop (body, nose cone, fins, parachute and motor) and microrocket launch. The basics of propulsion theory and of the stability of rockets in flight.